

**Vivian Sisskin**  
**Curriculum Vitae**

Notarization. I have read the following and certify that this *curriculum vitae* is a current and accurate statement of my professional record.

Signature 

Date 5/1/2019

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**I. PERSONAL INFORMATION**

I.A. Sisskin, Vivian Diane  
Dept. Hearing and Speech Sciences  
University of Maryland  
0100 LeFrak Hall  
College Park, MD 20742  
Email: vsisskin@umd.edu  
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I.B. Academic Appointments  
Clinical Professor (2014-present)  
Instructor (1997-2013)

I.D. Other Employment

1990-present	Sisskin Stuttering Center, McLean, VA (previously, Sierra Madre, CA.) Director/owner; Speech-language pathology; Fluency/autism specialist <a href="https://www.sisskinstutteringcenter.com">https://www.sisskinstutteringcenter.com</a>
2002-2003	The George Washington University, Washington DC Adjunct Instructor Dept. Speech and Hearing Science
2002-2003	Gallaudet University, Washington DC Adjunct Instructor Dept. of Audiology and Speech-Language Pathology
1980-1982 & 1986-1983	California State University Assistant Professor Dept. Communication Disorders
1990-1993	Frostig Center, Pasadena, CA Multidisciplinary Diagnostic Team
1982-1990	San Fernando Valley Child Guidance Clinic, Northridge, CA Director of Speech-Language Pathology Services

1979-1982 Los Angeles County Superintendent of Schools, L.A., CA  
Speech-Language Pathologist; Diagnostic Specialist; Autism Specialist

1980 -1981 U.C.L.A. Speech Psychology Clinic, L.A., CA  
Instructor/supervisor, Speech Therapy for Stuttering

I.E. Educational Background

Chapman University M.A. Communication Disorders

U.C.L.A. B.A. Sociology; Minors: Psychology,  
French, Art History  
(Summa Cum Laude; Phi Beta Kappa)

I.F. Continuing Education

PEERS for Young Adults- Certified training for mental health professionals (2017), Semel Institute for Neuroscience and Human Behavior, UCLA, L.A., CA.

Certificates of Advanced Clinical/Research Training (2012). Autism Diagnostic Observation Schedule (ADOS-2). Vanderbilt Kennedy Center, Nashville, TN.

American Speech-Language Hearing Association: ACE Continuing Education Award (consistent ACE awards over last 20 years)

In compliance with continuing education requirements for Speech-Language Pathology professional licensure in the following states: MD, CA, VA

I.G. Professional Certifications, Licenses, and Memberships

Board Certified Specialist in Fluency Disorders (BCS-F) (2000). American Board of Fluency and Fluency Disorders, American Speech-Language-Hearing Association, Rockville, MD.

Advanced Professional Certificate, Speech Pathology (K-12) (1997), Maryland State Department of Education, Baltimore, MD.

Maryland State License, Speech-Language Pathology (1994), Board of Examiners for Speech-Language Pathologists, Baltimore, MD.

Virginia State License, Speech-Language Pathology (1993), Virginia Board of Audiology and Speech Pathology, Richmond, VA.

California State License, Speech-Language Pathology (1981), Speech Pathology and Audiology Examining Committee, Sacramento, CA.

Certificate of Clinical Competence, Speech-Language Pathology (1980). American Speech-Language-Hearing Association, Rockville, MD.

California Clinical Rehabilitation Credential with Specialization in Speech, Language and Hearing, including Special Classroom Authorization (Preschool-Adult) (1979), California Commission on Teacher Credentialing, Sacramento, CA

California Standard Teaching Credential: Multiple Subject, and authorization to teach Sociology, French, Art, Fine Arts, Psychology and Reading in departmentalized classrooms K-9, and Reading K-12 (1975), California Commission on Teacher Credentialing, Sacramento, CA.

## **II. RESEARCH, SCHOLARLY, CREATIVE AND/OR PROFESSIONAL ACTIVITIES**

### **II.B. Chapters**

#### **II.B.1. Books**

Sisskin, V. (2018). Avoidance reduction therapy for stuttering (ARTS®). In Amster, B.J. & Klein, E.R., (Eds.) *More than fluency: The social, emotional and cognitive dimensions of stuttering*. San Diego, CA: Plural.

### **II.C. Refereed Journals**

#### **II.C.1 Refereed Journal Articles**

Sisskin, V. & Wasilus, S., (2014). Lost in the literature, but not in the caseload: Working with atypical disfluency from theory to practice. *Seminars in Speech and Language*, 35 (2), 144-152.

Sisskin, V. (2006). Disfluency in Asperger's Syndrome: Two cases of interest. *Perspectives on Fluency and Fluency Disorders*, 11(1), 7-11.

Sisskin, V. (2002). Therapy planning for school-age children who stutter. *Seminars in Speech and Language*. 23(3), 173-179.

Sheehan, V.M., & Sisskin, V. (2001). The creative process in avoidance reduction therapy for stuttering. *Perspectives on Fluency and Fluency Disorders*, 11(1), 7-11

#### **II.C.4. Other: Guest Editor, Journal Issue**

Sisskin, V. (Ed.). (2018). Stuttering Through the Lifespan: Questions and Answers. *Seminars in Speech and Language*, 39 (4). Guest editor for the issue

Sisskin, V. (Ed.). (2014). Brain temperament and behavior: New approaches to understanding fluency disorders. *Seminars in Speech and Language*, 35 (2). Guest editor for the issue.

## II.D. Published Conference Proceedings

### II.D.1. Refereed Conference Proceedings

Sisskin, V. (2019). Avoidance Reduction Therapy for Stuttering (ARTS®): An introduction to treatment principles. In D. Tomaiuolo, (Ed.), Proceedings of the 3rd International Conference on Stuttering (pp. 134-141). Rome, Italy. Erickson: <http://www.erickson.international/en/>

Sisskin, V.D. (2016, October). Proceedings of the Annual Conference of the French Stuttering Association, Bégaiement et selfie, se voir comme un autre: 7ème colloque international de l'Association Parole Bégaiement, APB Editions.

## II.E. Conferences, Workshops, and Talks

### II.E.1 Keynotes

Sisskin, V. (2019, Feb.). Not Your Usual Disfluencies: Part I: Is this stuttering? Differential Diagnosis of Stuttering and Other Fluency Disorders; Part II: Treatment of Disfluency among those with Autism Spectrum Disorder. Keynote speaker, Annual Meeting of the Texas Speech-Language-Hearing Association (TSHA). Fort Worth, TX.

Sisskin, V. (2018, June). Avoidance Reduction Therapy for Stuttering (ARTS®): An Introduction to Treatment Principles. Keynote speaker, 3<sup>rd</sup> International Conference on Stuttering, Rome, Italy.

Sisskin, V. (2017, Oct.). ARTS® (TREB): Changement et acceptance de soi, sont-ils compatibles? Keynote, annual meeting, Association des Bègues du Canada (ABC). Montreal QC, Canada.

Sisskin, V. & Baer, M. (2017, Aug.). Invited keynotes. (1) Introduction to Avoidance Reduction Therapy for Stuttering (ARTS®) (2) Practical strategies for parents of children who stutter. Stammering Conference of Ghana: Giving Stammerers a Voice. Accra, Ghana.

Sisskin, V.D. (2016, April.) Invited keynote. La thérapie de réduction de l'évitement du bégaiement : une vue d'ensemble. Seventh Annual International Symposium, L'Association de Parole Bégaiement, Paris, France.

Sisskin, V.D. (2013, Feb.). Avoidance Reduction Therapy for Stuttering. Keynote speaker, Mid-South Conference on Communication Disorders, Memphis, TN.

Sisskin, V.D. (2003, June). Invited keynote. Stuttering Therapy: Practical Ideas for the School Clinician. Stuttering Foundation of America, Philadelphia, PA.

Sheehan, V. M. & Sisskin, V.D. (1999, June). The Creative Process in the Treatment of Stuttering. Keynote speaker, ASHA Special Interest Division 4 (Fluency and Fluency Disorders) Leadership Conference, San Diego, CA.

## II.E.2. Invited Talks

Donaher, J., Sisskin, V., & Richels, C. (2018, Nov.). Invited Short course. Identification & Treatment for Disorders Commonly Co-Occurring with Stuttering. ASHA Annual Convention, Boston, MA.

Amster, B., Klein, E., Kleinow, J., Boyle, M., Mancinelli, J., Beilby, J., Yaruss, J.S., Starkweather, C.W., Givens, J., Sisskin, V., Trichon, M., Raj, E., & Coleman, C. (2018, Nov.). Invited Seminar. Addressing Social, Emotional, & Cognitive Issues in People Who Stutter. ASHA Annual Convention, Boston, MA.

Sisskin, V. (2018, Sept). Invited full-day presentation, Avoidance Reduction Therapy for Stuttering (ARTS®): Workshop for Clinicians and Clinical Educators. Montreal Fluency Centre, Montreal QC, Canada.

Sisskin, V. (2018, July). Invited speaker, Differential Diagnosis of Speech Disfluency: Is it Stuttering or Something Else? ASHA Connect Health Conference, Baltimore, MD.

Sisskin, V. (2017, Sept.). Full-day workshop: Diagnosis and treatment of unusual fluency patterns in children. Montreal Fluency Centre, Montreal QC, Canada.

Sisskin, V. (2017, Apr.) ASHA Certification Update. Annual Conference of the Council of Academic Programs in Communication Sciences and Disorders (CAPCSD), New Orleans, LA.

Sisskin, V. (2017, Mar.) Invited seminars. (1) Is it Stuttering? Differential Diagnosis in Fluency Disorders (2) Digging Deeper: Advanced Problem Solving in Avoidance Reduction Therapy. Speech-Language-Hearing Association of Virginia, Richmond, VA.

Sisskin, V. (2017, Jan.). Invited One-Day Workshop. Current Issues in Assessment and Treatment of fluency disorders. California Dept. of Education- Region 10, Etiwanda, CA.

Sisskin, V. (2016, Nov.). Invited Pre-Convention Workshop. Advanced Topics in Avoidance Reduction Therapy for Stuttering (ARTS®). ASHA Annual Convention, Philadelphia, PA.

Scott, L., Sisskin, V., & Zebrowski, P. (2016, Nov.). Invited seminar. Considerations for designing coursework in the nature & treatment of stuttering. ASHA Annual Convention, Philadelphia, PA.

Sisskin, V.D. (2016, Nov. 2). Invited Short Course. Stuttering: Assessment and Treatment Near Onset. Infant & Toddler Connection of Fairfax-Falls Church, Fairfax, VA.

Sisskin, V.D. (2016, June 17). Invited speaker, 16<sup>th</sup> Annual Barbara P. Mastriano Commiversity Conference. Temple University, Philadelphia, PA.

Sisskin, V.D. (2016, April.) Invited 2-day pre-convention workshop. (1) Thérapie de Réduction d'Évitement du Bégaiement: Les concepts, les objectifs, les activités, (2) Disfluences du trouble du spectre autistique, L'Association de Parole Bégaiement, Paris, France.

Sisskin, V.D. (2016, Mar.) Invited 2-part seminar. Avoidance Reduction Therapy for Stuttering: Part I, Theory and Framework; Part II, Treatment and Outcomes. Speech-Language-Hearing Association of Virginia, Chantilly, VA.

Sisskin, V.D. (2016, Feb.) Invited short course. Avoidance Reduction Therapy for Stuttering: No Tools Required. Illinois Speech-Language-Hearing Association: 56<sup>th</sup> Annual Convention, Rosemont, IL.

Sisskin, V.D. (2015, Dec.) Invited 1-day workshop. Stuttering Treatment Beyond the Basics. Speech and Hearing Discussion Group of Greater Washington, ASHA National Office, Rockville, MD.

Byrd, C., Bernstein Ratner, N., Scaler Scott, K., & Sisskin, V. (2015, Nov.). Is It Stuttering? Invited seminar, ASHA Annual Convention, Denver, CO.

Sisskin, V.D. & Ratner, N. (2015, Oct.). Topics in Assessment and Treatment of Stuttering. Invited 2-day workshop. 17<sup>th</sup> Annual Fullerton Fluency Conference, California State University, Fullerton, CA.

Sisskin, V.D., Wasilus, S., & Wertz, J. (2015, July). Avoidance Reduction Therapy in Action. Invited workshop, Annual Convention of the National Stuttering Assoc. (NSA), Baltimore, MD.

Sisskin, V.D. (2015, Apr.). Topics in Fluency Disorders. Invited Professional Development Seminar, Wake County Public Schools, Cary, NC.

Sisskin, V.D. (2015, Apr.). Put the Tools Away! Avoidance Reduction Therapy for Stuttering. Invited workshop, Arizona Speech Language Hearing Association (ArSHA), Tempe, AZ.

Sisskin, V.D. (2015, Apr.). Is it Stuttering: Diagnosis and Treatment of Atypical Fluency Disorders. Invited workshop, Arizona Speech Language Hearing Association (ArSHA), Tempe, AZ.

Sisskin, V.D. (2015, Apr.). Covert Stuttering: Treatment Strategies and Counseling Issues. Invited webinar, Stuttering Foundation & Vanderbilt University, Nashville, TN.

Sisskin, V.D. (2015, Mar.). An Overview of Avoidance Reduction Therapy for Stuttering. Invited one-day workshop, FRIENDS (National Association of Young People Who Stutter), Raleigh, NC.

Sisskin, V.D. (2015, Jan.). Special Topics in Assessment and Treatment of Stuttering: Differential Diagnosis; Avoidance Reduction Therapy. Invited workshop, National Stuttering Association (NSA), Dallas, TX.

Coleman, C., Sisskin, V., & Kelman, E. (2014, Nov.). Stuttering Treatment: Selecting the Right Treatment for the Right Client. Invited seminar, ASHA Annual Convention, Orlando, FL.

Sisskin, V.D. (2014, July). Six-Word Stories from Avoidance Reduction Therapy for Stuttering. Invited presentation, National Stuttering Association (NSA), Washington, DC.

Sisskin, V.D. (2014, May.). Helping School-Age Children Change their Thoughts and Feelings About Stuttering. Invited two-day workshop sponsored by The Stuttering Foundation and Montclair State College, Montclair, NJ.

Sisskin, V.D. (2014, Feb.). Stuttering Treatment: Problem Solving for Generalization and Lifelong Change. Invited one-day training for St. Vincent Hospital, Indianapolis, IN.

Sisskin, V.D. (2013, Oct.). A Multi-Dimensional Approach to Assessment and Treatment of Stuttering. Invited one-day workshop, Arizona State University, Phoenix, AZ.

Sisskin, V.D. (2013, July). Avoidance Reduction Therapy for Children and Adolescents who Stutter. Invited short course. ASHA Annual Convention for Speech Language Pathologists in the Schools. Long Beach, CA.

Sisskin, V.D. (2013, July). The Culture of Avoidance Reduction Therapy for Stuttering. Invited presentation, National Stuttering Association (NSA), Scottsdale, AZ.

Sisskin, V.D. (2013, Mar.). Avoidance Reduction Therapy for Stuttering: Strategies for Children and Adolescents. Invited seminar, University of South Carolina, Columbia, SC.

Sisskin, V.D. (2012, July). Accept the Stuttering, Not the Struggling. Invited workshop, Annual Convention of the National Stuttering Association (NSA), St. Petersburg, FL.

Tetnowski, J., Richels, C., Shenker, R., Sisskin, V., & Wolk, L. (2011, Nov.). Treating Stuttering and Concomitant Issues: Case Studies. Invited seminar, ASHA Annual Convention, San Diego, CA.

Sisskin, V.D. (2011, July). Invited Workshop: Unraveling the Mystery of Struggle: What is Struggle and How Can Parents Help? Annual Convention of the National Stuttering Association (NSA), Fort Worth, TX.

Sisskin, V.D. (2011, July). You are Changed by What you Do: Shame-busting Through Avoidance Reduction Therapy. Invited speaker, Annual Convention of the National Stuttering Assoc. (NSA), Fort Worth, TX.

Sisskin, Vivian D. (2011, Feb. 27-27). Topics in School-Age Fluency Disorders. National Stuttering Association Youth and Family Day, Invited Continuing Education Seminar. University of South Florida, Tampa, FL.

Sisskin, V.D. & Kovacs, K.Y. (2010, July). Sights, Sounds and Adventures on the Road to Recovery from Stuttering: A Guided Tour through Avoidance Reduction Therapy. Annual Convention of the National Stuttering Association (NSA), Cleveland, OH.

Sisskin, V.D. (2010, April). Stuttering and Other Fluency Disorders in Children and Adolescents: An Avoidance Reduction Approach to Treatment. Invited speaker, one-day workshop. Annual Conv. of the North Carolina Speech-Language and Hearing Association (NCSHLA), Durham, NC.

Sisskin, V.D. (2010, March). What's New in Stuttering: Research Headlines. Invited speaker, one-day workshop. FRIENDS: The National Association of Young People Who Stutter. Southern Illinois University, Carbondale, IL.

Sisskin, V.D. (2010, Feb.). Autism Spectrum Disorders: Educational and Treatment Considerations. Invited lecture, Katherine Thomas School, Treatment and Learning Center, Rockville, MD.

Drayna, D., Manning, W., Maguire, G., Molt, L. & Sisskin, V. (2009, July). National Stuttering Association Research Symposium. Invited speaker, research panel. Annual Convention of the National Stuttering Association (NSA), Phoenix, AZ.

Sisskin, V.D. (2009, March). Stuttering and Other Disorders of Fluency in Children and Adolescents. Invited speaker, one-day workshop. Annual Convention of the California Speech-Language and Hearing Association (CSHA), Long Beach, CA.

Sisskin, V.D. & Scaler Scott, K. (2008, June). Invited paper. Disfluency and Autism Spectrum Disorders: Observations, Questions, and Interpretations. ASHA Special Interest Division 4 (Fluency and Fluency Disorders) Leadership Conference, Phoenix, AZ.

Sisskin, V.D. & Scaler Scott, K. (2007, October). Part I: Speech Disfluency in Autism Spectrum Disorders: Clinical Problem Solving for Autistic Disorders. Invited paper, International Stuttering Awareness Day (ISAD) online conference.



Scaler Scott, K. & Sisskin, V.D. (2007, Oct.). Invited paper, Part II: Speech Disfluency in Autism Spectrum Disorders: Clinical Problem Solving for Asperger's Syndrome. Invited paper, International Stuttering Awareness Day (ISAD) online conference.

Sisskin, V.D. (2005, Nov.). The Effect of Commonly Occurring Concomitant Disorders on Stuttering: Asperger's Syndrome. Invited seminar. ASHA Annual Convention, San Diego, CA.

Sisskin, V.D. (2005, May). Stuttering in School Age Children. Invited workshop given at the annual meeting of the New Jersey Speech-Language and Hearing Association, Atlantic City, NJ.

Sisskin, V.D. (2005, March). School-Age Stuttering and Other Fluency Disorders: Treatment Strategies for Lasting Change. Invited presenter, one-day workshop. Co-sponsored by the National Stuttering Association and Tacoma Public Schools, Tacoma, WA

Sisskin, V.D. (2004, July). Developing Comprehensive Treatment Plans. Invited paper. ASHA Special Interest Division 4 (Fluency and Fluency Disorders) Leadership Conference, Portland, OR.

Sisskin, V.D. (2004, July). A Problem-Solving Approach to School Age Stuttering. Invited short course. ASHA Annual Convention for Speech Language Pathologists in the Schools. Baltimore, MD.

Sisskin, V.D. (2004, June). Stuttering Therapy for Adolescents: Teaming for Positive Outcomes that Last. Invited short course. Annual convention of the National Stuttering Association. Baltimore, MD.

Sisskin, V.D. (2004, March). Problem-Solving in Stuttering Therapy for Children. Invited speaker, one-day workshop. The National Stuttering Association and Tacoma Public Schools, Tacoma, WA.

Sisskin, V.D. (2003, November). School Age Stuttering Treatment: Clinical Issues and Problem-Solving. Invited short course. ASHA Annual Convention, Chicago, IL.

Sisskin, V.D. (2002, Nov.). Stuttering Master Class: Advanced Training, School-Age Stuttering Treatment. Invited short course. ASHA Annual Convention, Atlanta, GA.

Sisskin, V.D. (2002, July). Therapy Planning for Children Who Stutter. ASHA Special Interest Division 4 (Fluency and Fluency Disorders). Invited speaker, Fluency Boot Camp, Nashville, TN.

Sisskin, V.D. (2001, July). Treatment Planning for Positive Treatment Outcomes. ASHA Special Interest Division 4 (Fluency and Fluency Disorders). Invited speaker, Boston, MA.

Sisskin, V.D. (2000, April). Avoidance Reduction Therapy For Stuttering. Invited workshop given at the annual meeting of the Maryland Speech and Hearing Association, Towson, MD.

### II.E.3. Refereed Presentations (\* indicates student researcher)

Sisskin, V.D., & Fino-Szunski, M. (2017) CFCC Certification Update. Seminar, ASHA Annual Convention, Los Angeles, CA.

Sisskin, V.D. & \*Wasilus, S. (2012, July) Successful Treatment for Atypical Fluency Disorder: A Case Study. Meeting of the 7<sup>th</sup> World Congress of Fluency Disorders, International Fluency Association, Tours, France.

Sisskin, V.D., Allen, M., & Reeves, L. (2011, Nov.). Seminar, Combining Self-Help Groups and Therapy for Improved Outcomes for Stuttering. ASHA Annual Convention, San Diego, CA.

Scaler Scott, K. & Sisskin, V.D. (2007, Nov.). Disfluency in Autism Spectrum Disorders: Treatment Considerations for the Clinician. ASHA Annual Convention, Boston, MA.

Sisskin, V.D. (2006, Nov.). Group Therapy for Stuttering: Outcomes for an Avoidance Reduction Model. ASHA Annual Convention, Miami, FL.

### II.E.6. Refereed Posters (\* indicates student researcher)

\*Romano, A. & Sisskin, V.D. (2015). Stuttering, Language-Based Disfluency, or Executive Function? Remediation of Unusual Disfluency in a Teen With Autism. Poster session, ASHA Annual Convention, Denver, CO.

\*Cleveland, R., Sisskin, V.D., & Bernstein Ratner, N. (2014). In another voice: A case study of code switching intervention for prosody in Asperger syndrome. Poster session, ASHA Annual Convention, Orlando, FL.

\*Beiting, M., \*Chadis, L. & Sisskin, V.D. (2013, Nov.). Avoidance Reduction Therapy for Stuttering (ARTS): A Preliminary Assessment of Treatment Outcomes. Poster session, ASHA Annual Convention, Chicago, IL.

\*Moore, J. & Sisskin, V.D. (2012, Nov.). Treatment of a Child with Word-Final Disfluencies: A Case Study. Poster session, ASHA Annual Convention, Atlanta, GA.

\*Wasilus, S. & Sisskin, V.D. (2011, Nov.). Successful Treatment for Atypical Fluency Disorder: A Case Study. Poster session, ASHA Annual Convention, San Diego, CA.

## II. E.8. Non-Refereed Presentations

Sisskin, V., Wasilus, S., Baer, M., & Goldstein, B. (2017, July). ARTS® to Go: Take-Home Strategies from Avoidance Reduction Therapy for Stuttering. Workshop, Annual Convention of the National Stuttering Assoc. (NSA), Dallas, TX.

Sisskin, V. D., & Sheehan, V. M. (2001, June). Group Therapy in Action: Avoidance Reduction Therapy. Presentation given at the annual meeting of the National Stuttering Project, Boston, MA.

Sisskin, V. D., & Sheehan, V. M. (1999, June). Reducing the Fear of Speaking: Avoidance Reduction Therapy for Stuttering. Presentation given at the annual meeting of the National Stuttering Project, Seattle, WA.

Sisskin, V. D., & Sheehan, V. M. (1998, June). Roadblocks and Milestones on the Road to Self-Acceptance. Presentation given at the annual meeting of the National Stuttering Project, Atlanta, GA.

Sheehan, V. M. & Sisskin, V.D. (1997, June). Avoidance Reduction Therapy for Stuttering. Presentation given at the annual meeting of the National Stuttering Project, Buffalo, NY.

## II.E.14. Workshops

Sisskin, V., Goldstein, B., Baer, M., & Wasilus, S. (2018, Oct. 18-20). 3-day Advanced Training Workshop in Avoidance Reduction Therapy for Stuttering (ARTS®). University of Maryland, College Park, MD.

Donaher, J., Sisskin, V. & Boyle, M. (2018, July 23-27). Invited Faculty, 5-day course, Mid-Atlantic Workshop. Stuttering Foundation of America, The Roberts Center for Pediatric Research, Children's Hospital of Philadelphia, Philadelphia, PA.

Sisskin, V. & Goldstein, B. (2018, Apr.) Avoidance reduction therapy for stuttering (ARTS®): Workshop for clinicians and clinical educators. Invited 3-day workshop, Vanderbilt University Medical Center, Nashville, TN.

Donaher, J., Sisskin, V. & Scott, L. (2016, June 13-17). Invited Faculty, 5-day course, Mid-Atlantic Workshop. Stuttering Foundation of America, Children's Hospital of Philadelphia, Philadelphia, PA.

Scott, L., Sisskin, V. & Zebrowski, P. (2016, May 2-29). Invited Faculty, 5-day course, Designing Coursework in the Nature and Treatment of Stuttering. Stuttering Foundation of America, Iowa City, IA.

Donaher, J., Sisskin, V. & Scott, L. (2014, July 7-11). Invited Faculty, 5-day course, Mid-Atlantic Workshop. Stuttering Foundation of America, Philadelphia, PA.

Sisskin, V.D. (2012, May & Nov.) Case Studies in Fluency Disorders. Invited faculty, ASHA online course and live chat. American Speech Language Hearing Association, Rockville, MD.

Scott, L., Donaher, J. & Sisskin, V. (2012, July 9-13). Invited Faculty, Mid-Atlantic Workshop. Stuttering Foundation of America, Philadelphia, PA.

Scott, L., Donaher, J. & Sisskin, V. (2010, July 12-16). Invited Faculty, Mid-Atlantic Workshop. Stuttering Foundation of America, Philadelphia, PA.

Sisskin, V.D. (2007, April). Stuttering in Children and Adolescents: Improving Fluency, Attitudes and Self-Esteem. Invited faculty, one-day course. Co-sponsored by the National Stuttering Association and the Collier Center, University of Texas at Dallas, Dallas, TX.

## II.F. Professional and Extension Publications

### II.F.1. Reports and Invited Articles

Sisskin, V. & Baer, M. (2016, March-April). Treb: éliminer la lutte contre le bégaiement. *Ortho Magazine (Elsevier)*. Vol. 22(123), 14-17.

\*Swick, K., Sisskin, V. & Bernstein Ratner, N. (2016, Winter). It's Not Stuttering, But What Is It: Preliminary Results of an Internet-Based Survey. *The Stuttering Foundation Newsletter*, Vol. 24(2). P. 1,4.

Sisskin, Vivian D. & Bernstein Ratner, N. (2015, Summer). My Client Isn't Fluent, But Is it Stuttering? Atypical Disfluency, Part 2. *The Stuttering Foundation Newsletter*, Vol. 24(1). P. 1,4.

Tetnowski, J. A., Richels, C., Shenker, R., Sisskin, V. & Wolk, L. (2012, February 14). When the Diagnosis Is Dual. *The ASHA Leader*.

Sisskin, Vivian D. (2011, May) What Clinicians Can Learn from the King's Speech. *Advance for Speech Language Pathologists and Audiologists*. Vol. 21(9).

### II.F.7. Refereed Curricula (see II.H.1: #2,3,4,5,7 &10)

## II.H. Completed Creative Works

### II.H.1. Digital Media and Online Professional Development Products

Sisskin, V. (2017, September 28). Atypical disfluency: understanding and treating word-final (end-word) repetition [Video file]. In The Biomedical & Life Sciences Collection, Henry Stewart Talks. Retrieved October 5, 2017, from <https://hstalks.com/bs/3587/>

Sisskin, V. (2016). *A Fresh Look at Stuttering*. DVD #4083, The Stuttering Foundation, Memphis, TN.

Sisskin, V. (2014). *Helping Children Change Thoughts and Feelings About Communication*. DVD #6335, The Stuttering Foundation, Memphis, TN

Sisskin, V. (2012). *Avoidance Reduction Therapy in a Group Setting*. DVD #6740, The Stuttering Foundation, Memphis, TN

Sisskin, V. (2012). *Autism Spectrum Disorders and Stuttering*. DVD #6730, The Stuttering Foundation, Memphis, TN

Sisskin, V. (2012). *Accept the Stuttering, Not the Struggling*. DVD, The National Stuttering Association, NY, NY.

Sisskin, V. (2012). Fluency and Autism Spectrum Disorder: A Case of Successful Treatment of Atypical Fluency Disorder. Online professional development product, American Speech-Language Hearing Association (ASHA), Rockville, MD.

Sisskin, V. (2011), *You Are Changed by What You Do: "Shame-busting" Through Avoidance Reduction Therapy*. DVD, The National Stuttering Association, NY, NY.

Drayna, D., Manning, W., Maguire, G., Molt, L. & Sisskin, V. (2009) *National Stuttering Association Research Symposium Panel*, DVD. National Stuttering Association, NY, NY.

Bernstein Ratner, N. & Sisskin, V.D. (2004, 2001). *Intervention Strategies for Children Who Stutter: Building Bridges Between Research and Clinical Practice*. Video and print manual. American Speech Language Hearing Association, Rockville, MD.

## II.P. Research Fellowships, Prizes and Awards

2014 Speech-Language Pathologist of the Year, National Stuttering Association

2012 Fellow of the Association, American Speech-Language-Hearing Association (ASHA)

2011 ASHA Media Champion Award, American Speech-Language-Hearing Association

2008 Excellence in Teaching Award, College of Behavioral and Social Sciences, University of Maryland

1974 Phi Beta Kappa, U.C.L.A.

### III. TEACHING, MENTORING AND ADVISING

#### III.A. Courses Taught

Courses Taught during the past 5 years [GR- graduate level; UG- undergraduate level]

Course Number	Title	Average Enrollment
HESP 613	Autism Spectrum Disorders [GR]	40
HESP 612	Graduate Seminar in Fluency Disorders [GR]	30
HESP 404	Voice and Fluency Disorders [UG]	40
HESP 417	Principles and Methods of Speech-Language Pathology [UG]	70
HESP 418 B	Clinical Practice in Speech/Lang. Path [UG]	10
HESP 498 F/G	Seminar - Communication in Autism Spectrum Disorders [UG]	25
HESP 499	Independent Study - Topics in Hearing and Speech Science [UG]	5
HESP 639 F/A	Special Topics - Autism Spectrum Disorders [GR]	25
HESP 648 A	Clinical Practice in Sp/Lang. - Diagnostic Procedures [GR]	30
HESP 648 B	Clinical Practice in Sp/Lang. - Therapeutic Procedures [GR]	30
HESP 708	Independent Study - Research Topics in Fluency Disorders [GR]	1

#### III.B. Teaching Innovations

##### III.B.6. New Course or Curriculum Development

(2017) HESP 613 Graduate Seminar in Autism  
New course development. This 2-credit course, focusing on autism across the lifespan, is required as part of a new MA SLP curriculum design.

(2001) HESP 639F/498F Communication in Autism Spectrum Disorders  
New course development. This 3-credit elective course (offered to undergraduates and graduates) in HESP was the first on the UMD campus to focus specifically on communication development and disorders in the autism population.

##### III.B.7. Teaching Modules in Clinical Education

Avoidance Reduction Therapy for Stuttering (ARTS): Specialty Clinic  
Knowledge and clinical skills for clinical practicum in speech-language pathology; Group therapy for stuttering.

#### III.C. Advising: Research or Clinical

### III.C.1 Undergraduate Clinical Research Mentoring

2012 – present: Research Advisor/Mentor

Project: *The Effectiveness of Avoidance Reduction Therapy for Stuttering in a Group Setting* [PI].

Undergraduate students involved in clinical research through weekly lab meetings and individual work in data analysis. Students: Shelby Benedicto-Schweizer, Kristen Carlson, Meghan Cicchitti, Analisette Cordon, Rachel Dean, Amanda Eikenes, Kerianna Frederick, Kelly Hanscom, Kristen Ho, Sarah Kim, Julia King, Rachel Margulies, Kelsey McKee, Isabelle Mirman, Ekaterina Nazarova, Johnathon O’Neal, Julia Plants, Jourdan Richard, Natalie Ryan, Kriti Singh, Victoria Starr, Allison Urbanis, Catherine Wu, Beatrice Zamfir, Mary Zhou.

### III.C.2 Graduate Student Clinical Research Mentoring

2009 – present: Research Advisor/Mentor

Project: *The Atypical Disfluency Project* [PI.] Involves Master’s level students who administer an experimental treatment protocol within the speech-language clinic. Students: Samantha Wasilus, Jessica Moore Wertz, Rachel Cleveland, Alison Romano.

2006 – 2009: Research Advisor/Mentor

Project: *A prospective study of the relationships among time in therapy, fluency, and speech attitude assessment measures*. Involved 1 graduate and 2 undergraduate students in case review and research proposal.

Secondary reader for M.A. Candidacy Papers (average- 5 master’s level students per year).

### III.F.4 Guest Lectures

<u>Course/Program</u>	<u>Title</u>
HESP 402	Lecture: Learning Style in Autism Spectrum Disorders (multiple semesters).
HESP 616	Lecture: Language Considerations in Autism Spectrum Disorders (multiple semesters).
EDSP 210	Lecture: Learning Style in Autism Spectrum Disorder (multiple semesters).
EDSP 499F	Lecture: Autism Spectrum Disorders – Counseling (multiple semesters).
Jan. 2017	Invited presenter, The Atypical Fluency Project. Winter Storm Faculty Lunch Talk, Maryland Language Science Center, University of Maryland, College Park, MD.
Dec. 2014	Invited presenter, Outcomes: Avoidance Reduction Therapy for Stuttering. Program for Undergraduate Language Science Ambassadors

Mar. 2014 in Research (PULSAR), University of Maryland, College Park, MD.  
Invited presenter, "Supporting Functional Communication in Young Children with Autism Spectrum Disorders". University of Maryland Autism Research Consortium (UMARC), College Park, MD.

### III.I Teaching Awards

2008 Excellence in Teaching Award, College of Behavioral and Social Sciences, University of Maryland

## **IV. SERVICE AND OUTREACH**

### IV.A. Editorships, Editorial Boards, and Reviewing Activities

#### IV.A.1. Editorships

2014 – present Book review editor, Journal of Fluency Disorders

#### IV.A.3. Reviewing Activities for Journals and Presses

- Journal of Speech and Hearing Research
- Journal of Fluency Disorders
- American Family Physician

#### IV.A.4. Reviewing Activities for Agencies and Foundations

- ASHA, continuing education products (stuttering, autism, language)
- The Stuttering Foundation, continuing education products (stuttering, counseling)
- LinguSystems continuing education products (stuttering)

### IV.B. Committees, Professional & Campus Service

#### IV.B.1. Campus Service – Department

2015- present	Admissions Committee
2015- present	Merit Committee
2017- present	Space Allocation Committee
1998- present	Programs/Curriculum Committee (PCC)
1998- present	Speech-Language Pathology subcommittee
2010- present	Faculty Search Committees
2012- present	Clinical Professor Ranks Policies and Procedures Committee
2010- 2011	Comprehensive Exam Revision Committee
2005- 2010	Technology Committee



2010- 2012 Strategic Planning Committee  
1998- 2014 Teaching Committee

IV.B.2. Campus Service – College

2017-2019 Professional Track Faculty (PTK) Advisory Committee (BSOS)  
2009 Nominating Committee for Excellence in Teaching Awards  
2003, 2004 Commencement Marshall

IV.B.3. Campus Service – University

2017- 2019 Campus-level Professional Track Faculty Promotion Review Committee (PTK-AEP)  
2012-2013 University Student Honor Council

IV.B.8. Leadership Roles in Meetings and Conferences

- 2019 Conference Chair, NSA Research Symposium, National Stuttering Assoc., Fort Lauderdale, FL.
- 2017 Conference Chair, NSA Research Symposium, National Stuttering Assoc., Dallas, TX.
- 2016 Conference Co-Chair, NSA Clinical Symposium, National Stuttering Assoc., Atlanta, GA.
- 2015 Conference Chair, NSA Research Symposium, National Stuttering Assoc., Baltimore, MD.
- 2015 Conference Program Committee: Fluency subcommittee, ASHA Annual Convention, Denver, CO
- 2014 Conference Program Committee: Fluency subcommittee, ASHA Annual Convention, Orlando, FL.
- 2014 Conference Chair, Master Classes. National Stuttering Assoc. Annual Conference, Washington, DC.
- 2013 Conference Chair, NSA Research Symposium, National Stuttering Association., Scottsdale, AZ.
- 2011 Conference Chair, NSA Research Symposium.: Mapping a Plan for the Future. Fort Worth, TX.
- 2011 Conference Program Committee: Fluency subcommittee., ASHA Annual Conv., San Diego, CA.

- 2006 Conference Program Committee: Fluency subcommittee, ASHA Annual Conv., Miami, FL.
- 1999 Conference Planner/coordinator, Autism and Related Disorders: Creating Positive Outcomes in the Home, School, and Community. NVA Autism Society of America, Fairfax, VA.
- 1998 Conference Planner/Co-coordinator, Autism and Related Disorders: TEACCH Methods, ASANV, Fairfax, VA.

IV.B.9. Non-University Committees, Memberships Panels, etc.

- 2018-2019 Nominating Committee, Council for Clinical Certification in Audiology and Speech-Language Pathology (CFCC) (ASHA).
- 2015-present Member, Professional Advisory Board, Stuttering Foundation (SFA).
- 2017-2018 Chair, Council for Clinical Certification in Audiology and Speech-Language Pathology (CFCC) (ASHA).
- 2017-2018 Member, Committee of Chairs of Standards and Ethics (ASHA).
- 2017-2018 Council on Academic Accreditation in Speech Pathology and Audiology (CAA) Ex Officio (CFCC Chair).
- 2015-2016 Council for Clinical Certification in Audiology and Speech-Language Pathology (CFCC); Chair, Disclosure Committee, (ASHA).
- 2014-2015 ASHA SIG 4 Coordinating Committee Project Team on Childhood Fluency.
- 2014-2015 Contributing content expert, Practice Portal- Childhood Fluency (practice guidelines), (ASHA).
- 2012-2014 Vice-Chair, Board of Directors, American Board of Fluency and Fluency Disorders.
- 2010-2013 Board of Directors, National Stuttering Association (NSA). Committees: Research; Prof. Relations; Nominations.
- 2009-2010 Ad Hoc Committee on Specialty Recognition. (ASHA).
- 2008-2009 Member, Council for Clinical Specialty Recognition (CCRC), (ASHA).

2006-2008	Coordinator, Special Interest Group 4, Fluency/Fluency Disorders, (ASHA).
2006-2008	Program Review Committee, Board of Division Coordinators, (ASHA).
2004-2006	Steering Comm. Special Interest Group 4: Fluency/Fluency Disorders (ASHA).
2004-2005	Federal Interagency Coordinating Council: U.S. Dept. of Education. Panel member, Quarterly Meeting: Early Identification and Diagnosis for Autism, Wash., DC.
2002-2003	Chair, Malcolm Fraser Award Committee. Special Interest Division 4, Fluency and Fluency Disorders. (ASHA).
1997-1998	Parent/Professional Advisory Board, Autism Society of America.
1997-1998	Vice-President, Board of Directors, Autism Society of America, N. Virginia Chapter.
1995-1997	Treasurer, Board of Directors, Autism Society of America, N. Virginia Chapter.

IV.C External Service and Consulting

IV.C.1. Community Engagements, Local, State, National, International

2009- present	Panel Expert, Office Hours: "The Professor Is In". International Stuttering Awareness Day (ISAD) annual online conference.
2011- present	Moderator/Owner, "Sisskin Stutt Groups". An online support community for teens and adults who stutter.
2010- 2017	Moderator, "Stutt-L". An online message board for speech-language pathologists and consumers.
2009- 2012	Chapter Leader, TWST Northern Virginia Chapter. Family Programs Support Group for Teens Who Stutter and their families, National Stuttering Association.

IV.C.3. Corporate and other Board Memberships

1999- 2002	Board of Directors, American Youth Philharmonic Orchestra
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IV.D Non-Research Presentations

IV.D.1. Outreach Presentations

April 2019	Invited presenter, ARTS® in Arizona (Client Workshop). Stuttering and Speech Therapy of Arizona, Mesa, AZ.
March 2015	Invited presenter, De-Mystifying Struggle. Family Day for Children Who Stutter (Parent Workshop). FRIENDS (National Association of Young People Who Stutter), Raleigh, NC.
April 2013	Invited lecture: Avoidance Reduction Therapy for Stuttering. Dept. Communication Sciences and Disorders, Howard University, Washington, DC.
March 2013	Invited presenter, Family Day for Children Who Stutter (Parent Workshop). National Stuttering Association, Columbia, SC.
March 2010	Invited speaker, Friends and Family Day for School-Age Children and Teens Who Stutter, Their Families, and Professionals. FRIENDS: The National Association of Young People Who Stutter, St. Louis, MO.
Feb. 2010	Invited speaker, Autism Spectrum Disorders: Educational Considerations. Kathrine Thomas School, Rockville, MD.
April 2007	Invited workshop presenter, Family Day Workshop for Those Who Stutter. National Stuttering Association, Collier Center, University of Texas at Dallas, Dallas, TX.
Dec. 2006	Invited lecture, Language Development and Disorders: An Overview. Towson University, Shady Grove Campus.
Oct. 2006	Invited lecture, The Speech-Language Pathologist in the Schools. Montgomery College, Laurel Campus.
Mar. 2004/5	Invited workshop Presenter, Youth Day Program for Children Who Stutter and Their Parents. National Stuttering Association, Tacoma, WA.
May 2001	Invited workshop Presenter, "The Nature and Treatment of Stuttering." National Stuttering Association, Adult Chapter, Bethesda, MD.
Aug. 2000	Invited workshop Presenter, Annual meeting of FRIENDS, the National Association of Young People Who Stutter, Washington, D.C.

Jan. 1998 Classroom Strategies for Adolescents with Language and Learning Disabilities. Invited presentation given at the Pathways Schools, Silver Spring, MD.

IV.E. Media Contributions

IV.E.1. Internet

Feb. 2011

The King's Speech: The Stutter Truth. National Geographic Online. 2/28/11.  
[http://blogs.ngm.com/blog\\_central/2011/02/the-kings-speech-the-stutter-truth.html](http://blogs.ngm.com/blog_central/2011/02/the-kings-speech-the-stutter-truth.html)

June 2006

Live online discussion, Speech and Language Disorders. Washingtonpost.com.  
<http://www.washingtonpost.com/wp-dyn/content/discussion/2006/06/26/DI2006062600734.html>

Jan. 2003

Stuttering: Bound up in Words. Aetna Intellihealth feature  
<http://www.intelihealth.com/IH/ihtIH/EM/24479/2343/289529.html>

IV.E.2. Television

Oct. 2011

Expert guest, Anderson! (Nationally televised talk show).  
Invited as an expert guest for a segment on stuttering.  
<http://www.andersoncooper.com/2011/10/25/our-time-magical-performance/>

Feb. 2011

ABC News at 11 with Greta Kreuz (WJLA). Segment on life impact of stuttering.  
Airdate, 2/27/11.  
<http://www.youtube.com/umdnews#p/u/1/OtWsNTNy7b4>

Dec. 2010

Fox 5 Television Morning Show. Live segment, *The King's Speech*.  
<http://www.myfoxdc.com/>

Nov. 2010

Segment, Overcoming Stuttering. FOX 5 Television:  
<http://www.myfoxdc.com/dpp/health/new-movie-focuses-on-overcoming-stuttering>

Nov. 2010

NBC Nightly News. Segment, Therapy for Stuttering.  
<http://www.msnbc.msn.com/id/3032619#40420561>

June 1998

Featured Guest. Taking the "Dis" From Disability. Interview and discussion on the topic of stuttering on this 30-minute cable television show, Fairfax County Cable

Network, Fairfax, VA.

May 1998

Avoidance Reduction Therapy for Stuttering. A one-hour presentation for cable television, Jones Communication.

#### IV.E.3. Radio

June 6, 2016

Invited expert, Pacifica Radio (WPFW), Business Matters with Andy Shallal. A one-hour talk show focused on stuttering research and treatment.

<http://www.wpfwfm.org/radio/programming/archived-shows>

March 2011

Invited expert, National Public Radio (NPR), The Kojo Nnamdi Show. A one-hour nationally syndicated talk show on stuttering research and treatment.

<http://thekojonnamdishow.org/shows/2011-03-22/stuttering>

Dec. 2010

Invited expert, National Public Radio (NPR), The Diane Rehm Show. A one-hour nationally syndicated talk show on Stuttering and the movie, *The King's Speech*.

<http://thedianerehmshow.org/shows/2010-12-21/kings-speech>

#### IV.E.4. Digital Media

March 24, 2018

Featured content expert in French documentary, *Peur de bégayer, bégayer de peur* (Le Scornec, Drutel, Ba, Sais). Presented at the annual conference of the Ninth Annual International Symposium, L'Association de Parole Bégaiement, Paris, France.

March 23, 2015

The Joy of Communication, Episode 503. Podcast, Stutter Talk:

<http://stuttertalk.com/joy-of-communication-vs-fluency-ep-503/>

March 24, 2015

Management vs Choice vs Control, Episode 504. Podcast, Stutter Talk:

<http://stuttertalk.com/management-vs-choice-vs-control-ep-504/>

March 25, 2015

Fixing the Roof Before Painting the Spot, Episode 505. Podcast, Stutter Talk:

<http://stuttertalk.com/fixing-the-roof-before-painting-the-spot-ep-505/>

March 26, 2015

Praise the Showing Up, Episode 506. Podcast, Stutter Talk:

<http://stuttertalk.com/praise-the-showing-up-ep-506/>

March 27, 2015

"Use Your Tools!" And Other Ineffective Nagging,

Episode 507. Podcast, Stutter Talk:  
<http://stuttertalk.com/use-your-tools-and-other-ineffective-nagging-ep-507/>

Oct. 2013  
International Stuttering Awareness Day – Terp Triumphs Stutter,  
<http://www.youtube.com/watch?v=aHEULaSZl38>

Nov. 2012  
Those Who Stutter Can Find Relief Using Modern Speech Therapy Methods  
<http://stephen-er.blogspot.com/2012/11/stutterers-can-find-relief-using-speech.html>

July 12, 2012  
Gaining Confidence with the Stuttering Foundation,  
Episode 350. Podcast, Stutter Talk:  
<http://stuttertalk.com/tag/vivian-sisskin/>

Feb. 2012  
Stuttering Paradoxes, Episode 81. Podcast, Women Who Stutter: Our Stories  
<http://stutterrockstar.wordpress.com/2012/02/07/stuttering-paradoxes-episode-81/>

#### IV.E.5. Print Media

Oct. 2018  
Featured expert, The Washington Post. A Doctor is Taking Over Planned Parenthood- and She's Ready to Fight.  
[https://www.washingtonpost.com/local/social-issues/a-doctor-is-taking-over-planned-parenthood--and-shes-ready-to-fight/2018/10/11/e12fbc3c-c8c0-11e8-b2b5-79270f9cce17\\_story.html?utm\\_term=.e3222774ac88](https://www.washingtonpost.com/local/social-issues/a-doctor-is-taking-over-planned-parenthood--and-shes-ready-to-fight/2018/10/11/e12fbc3c-c8c0-11e8-b2b5-79270f9cce17_story.html?utm_term=.e3222774ac88)

Sept. 2018  
Featured expert, The Washington Post. Struggling Not to Stutter: Ben Jealous Talks About his Speech Disorder.  
[https://www.washingtonpost.com/local/md-politics/struggling-not-to-stutter-candidate-ben-jealous-talks-about-his-speech-disorder/2018/09/05/d94bcb74-abb4-11e8-a8d7-0f63ab8b1370\\_story.html?utm\\_term=.369ed387ec12](https://www.washingtonpost.com/local/md-politics/struggling-not-to-stutter-candidate-ben-jealous-talks-about-his-speech-disorder/2018/09/05/d94bcb74-abb4-11e8-a8d7-0f63ab8b1370_story.html?utm_term=.369ed387ec12)

Oct. 2016  
Print interview in French Publication, Lettre Parole Bégaiement, No. 76.  
Portrait de Vivian D. Sisskin, Orthophoniste Américaine.

June 2016  
Featured professional, print campaign. The Power Behind the ASHA Certification, American Speech-Language-Hearing Association.  
<http://ashacertified.org>

Sept. 2015  
Featured expert, The Atlantic (magazine). Learning to Love to Stutter.  
<https://www.theatlantic.com/health/archive/2015/09/nsa-stuttering-convention->

*self-help/407404/*

Feb. 2011

Lending a Hand, Finding A Voice. Diamondback.

*[http://www.diamondbackonline.com/news/article\\_ec5aa3df-13f0-57ab-8484-4f5fd46e5682.html](http://www.diamondbackonline.com/news/article_ec5aa3df-13f0-57ab-8484-4f5fd46e5682.html)*

Oct. 2007

Students Conquer Their Stutter. Diamondback.

*[http://www.diamondbackonline.com/article\\_c8e8e493-0ce1-5ed4-8c49-20b114f0227c.html](http://www.diamondbackonline.com/article_c8e8e493-0ce1-5ed4-8c49-20b114f0227c.html)*

Nov. 1998

Echo in the Sounds of Silence: For a Stutterer, Words Are a Barrier To Communication. The Washington Post.